

Chipo Shambare

Intuitive Counsellor, Keynote Speaker, Facilitator, Coach



workshops

“Chipo inspires with her genuine, charismatic attitude and energy while teaching her empowering principles of ‘self-healing of inner conflict’. Chipo masterfully intertwines her programs with your business or personal culture.”

Bridging the inner and outer worlds by using all aspects of your ‘self’

Workshop duration: 4 hours

An empowering, insightful workshop for every member of your team!

Who should attend? This dynamic and unusual program is proven to provide individuals including leaders of organizations with insights and new skills needed to stay on top of today’s high-speed evolving workplace. This workshop is great for people who ask themselves “How do I go about staying on top of my personal and work demands?” or those who are required to ‘lead a team from a distance.’

Program outline and benefits: Participants will learn skills, have the opportunity to practice them in the course of the workshop and be able to integrate these specific tools to help them in their personal and professional lives. Participants will also discover how much unlimited potential each team member really has and be energised to work together better as a team.

Some of the immediate and long-term benefits of this empowering workshop include:

- ✓ Increased awareness, focus and clarity
- ✓ Improved personal and workplace morale
- ✓ Reduced stress
- ✓ Flexible approach at work and ability to get the job done effortlessly
- ✓ Boosted confidence and courage to face any difficulties presented to them

New Decision Therapy™

Workshop duration: 4 hours

Make a conscious choice to resolve your ‘inner conflict’ in order to live your life fully, with energy and purpose.

Who should attend? Anyone who needs to make positive changes in their life or needs to deal with inner conflict, unfinished business or emotional wounds.

Program outline and benefits: In this powerful workshop, Chipo Shambare will demonstrate on a volunteer subject, leading you step-by-step through the process of New Decision Therapy™. Chipo will talk about the history of NDT™ this amazing therapeutic technique and the unique aspects that account for its reliability, speed, and effectiveness. This is a gentle and heartfelt approach to healing inner conflict, unfinished business and emotional wounds, which has helped thousands of clients across Canada, the United States and Europe.

- ✓ You will muster the courage to face your true ‘self’
- ✓ You will learn how to let go of conflict and be free to be yourself
- ✓ You will learn how to release anger and guilt right away
- ✓ You will start designing your life the way you truly want it to be

A certified NDT™ and experienced Intuitive Energy practitioner, Chipo Shambare has been facilitating using New Decision Therapy™ in private practice for over 10 years. Chipo is well known and appreciated for her wisdom, patience, commitment, guidance, insightfulness, generosity, and enthusiasm.

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(cont'd)

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Activating your Inner Knowing or “Intuition”

Workshop duration: 4 hours

Program outline and benefits: In this workshop, you will learn what intuition is and learn how to use your intuition skills to your advantage. Most people associate intuition with voodoo or out-there stuff, and it’s the opposite. There’s nothing magical about it. Intuition is defined as the power or faculty of attaining the direct knowledge or cognition without evident rational thought and inference. Most of us, however, refer to intuition as a hunch, gut feeling, answers that come without explanation, or a flash of ideas or thought. Some classify intuition into levels of awareness. Intuition specialist, Frances Vaughan, suggests that there are 4 levels of intuition: physical, emotional, mental and spiritual and that intuition is a powerful skill you can learn to listen to!

Chakras Therapy

Workshop duration: 8 evenings or 2 weekends

This workshop is designed to offer you a Road Map to your Inner Journey by challenging and guiding you to your true self as you explore your data banks.

Program outline and benefits: Chakra is a Sanskrit word meaning wheels. Essentially, chakras are vortexes or centers for energy storage in the body where every thought and experience gets filtered through. When your chakras are developed and open, energy flows in and out of them helping one to feel alive and energized. The state of each reflects the health of a particular area of your body. This process is called Chakra Therapy.

What you will learn:

- ✓ How chakras work in your life
- ✓ How to intuitively assess and evaluate your energy
- ✓ How your energy gets blocked and gets stuck
- ✓ How to unplug from negative thoughts / perceptions or other people
- ✓ How to apply Chakra Therapy techniques
- ✓ How to keep your chakras open or closed as you wish
- ✓ How to keep your chakras healthy and be empowered

Discover the 4 Archetypes / Aspects of Your Self

Workshop duration: 1 day (Based on the work of Caroline Myss Ph.D.)

Program outline and benefits: In this workshop, you will learn to understand the invisible energies that bring about unconscious patterns in our lives. It is a powerful vehicle that helps one to do deep personal spiritual work.

What you will learn:

- ✓ How chakras work in your life
- ✓ What Aspects of Self or Archetypes are
- ✓ How to create your natal archetypal chart, complete with instructions and interpretations, and discover your Self Aspects / Archetypes
- ✓ How to acknowledge these energies
- ✓ How to see aspects of yourself through your interactions with others
- ✓ How to begin to heal by loving and accepting all aspects of yourself
- ✓ How to fully express your true self and reach your highest potential

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